

## *World YMCA's* Resource Group on Health

# TERMS OF REFERENCE

Revised: June 2016

### Purpose of the Group

To provide an empowering, youth-led space where YMCA leaders from around the world will shape common advocacy messages, actions and strategies for the World YMCA around issues of health, wellness and healthy living:

The primary goal of the Resource Group is strategic. It is responsible for helping the YMCA movement to increase its global engagement with health related issues, by providing a more unified, relevant and collaborative way to tackle the issues and work with other key stakeholders, including international bodies.

The Resource Group is being formed in response to perceived and actual inequalities faced by young people in accessing good quality health care and in promoting and maintaining a healthy lifestyle. This is one of the four strategic priorities for the Global YMCA Movement as outlined in the OUR WAY strategy approved at the 18<sup>th</sup> World Council in Estes Park, Colorado, USA.

### 4 Key Areas of Work

Like all other Resource Groups the Resource Group will focus on 4 key areas of work to accomplish this purpose:

1. *Consulting*: Providing advice and guidance to the World YMCA in the implementation of the global advocacy strategy on health related issues and new initiatives.
2. *Coordinating*: Initiating and supporting health and wellness programmes, trainings, events and communication campaigns for the World YMCA movement.
3. *Connecting*: Helping leaders and movements in the YMCA work together and communicate more efficiently.
4. *Creating*: Designing innovative projects and tools that will help advance the group's main objectives and areas of work.

## Participation & Membership

- The Resource Group is open to anyone in the YMCA that is interested in the health related issues and is already active in the YMCA (i.e. local, national, regional, global.)
- Members are expected to commit to a minimum 1 year of service to the Resource Group.
- Members must have the endorsement of their national movement in order to participate.
- The resource group is led by 2 co-coordinators appointed by - and accountable to - the World YMCA. The World YMCA will allocate senior staff support to assist the Resource Group to develop its work.

## Guidelines for Meetings

- The Resource Group will hold general online conference meetings regularly (to be determined by the Group)
- Minutes and recordings of all meetings will be distributed to participants after each session.
- A work-plan will be developed and regularly reviewed by the Resource Group.
- The Resource Group will maintain an updated contact list of all participants and members.

## Scope

While the Resource Group is not a decision-making body of the World YMCA movement, it plays an important role as *a consultative body of the World YMCA office based in Geneva, Switzerland*, in the area of health related policy and advocacy.

The Resource Group –in conjunction with the World YMCA office–is responsible for conceptualizing, reviewing and streamlining the World YMCA’s global advocacy work relating to issues focused on health and wellness..

It will be instrumental in supporting the movement-wide consultation processes by including key YMCA leaders at all levels of the YMCA, with special emphasis on young leaders.

Improved consultation around global advocacy will enable the World YMCA to make decisions regarding health related issues with greater support from the movement through a more transparent and inclusive decision-making process.

## Review

These terms of reference will be reviewed at least annually.